



## HARRISBURG HIGH SCHOOL

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Students/Parents/Guardians

It's that time of year again when all thoughts begin to turn toward spring. As we begin looking forward to warmer weather and outdoor activities we need to start planning for the 2015-16 school year already. Athletic physicals are one of the first items on the list. Everyone in grades 7-12 (2015-16 school year) who wants to play a sport will need to have a physical. Physicals taken this spring will be good for the 2015-16 school year.

The Orthopedic Institute will be providing an opportunity for students to take their athletic physical on April 27, 2015. Students will be bussed from the high school to OI and returned to the HS following their physical. There will be two bus times to transport students for their physical. Busses will leave the school at 5:30 for girls and again at 6:00 for boys. Students will be returned at approximately 6:30 and 7:00. Please go to this link to sign up for a bus time so that we know how many to expect at each time slot <http://www.signupgenius.com/go/10c044aaaa822aaff2-another> if more time slots are needed we will add them, please let me know if you try to sign up and there are no times slots left. These links will also be available on the school web site. The cost of the physical will be \$25, make checks payable to the Harrisburg School District.

This year all registration material will be available online, links to registration materials and instructions can be found on your school website. <https://harrisburghs-oar.rschoolday.com/> Follow the steps at this link to obtain all the paperwork you need for the physical and to fill out the registration form. The only forms you will need to take with you will be the pre-participation history form and the physical form itself. These forms MUST accompany the student along with the \$25 fee.

While you are free to go to your own physician to get a physical we encourage you to take advantage of this opportunity to get the physical taken care of early and at a reduced rate. The beginning of the school year is such a hectic time and this will mean one less thing to do as the summer winds down. There are also a number of students each season who cannot practice on day one because they don't have their paperwork completed and we would like to avoid that as much as possible.

If you have any questions please feel free to contact either me or Toby Bryant. I hope you all have a great finish to your school year and enjoy your summer (when it comes)! Thank you for your cooperation and GO TIGERS!!

Joey Struwe